



Karate
Klub Žilina

ináŽilina

Karate GRAND PRIX Žilina

www.karate.sk



slovakkarateunion



Slovak Karate Union

Stredná športová škola
Rosinská cesta 4, Žilina

03
máj
2025





Karate Grand Prix Žilina 2025

Tournament for Children, Young Boys/Girls, Youths, Cadets, Juniors and Seniors
6 tatami, 424 medals and 106 cups for category winners

<https://www.facebook.com/KarateGrandPrixZilina/>



Date: Sunday **3. May 2025**
Place: Žilina, Sport gymnasium, Rosínska cesta 4, <http://sportgymza.edupage.org/>
Organizer: Slovak karate union, AC UNIZA Karate Klub Žilina (www.karateza.sk)
Chief referee: **Ing. Ondrej Čítenyi** (SVK/WKF), Head of the Referee board of the Central Slovakia Karate Union - citenyi@profinam.sk
Referees, judges: To be delegated by the Referee board of the Central Slovakia Karate Union Foreign qualified referees are welcome. Registration (https://www.sutazekarate.sk/visitor/event_information.php?event=808)
Starting fee: **25 €** per person

Registration: **Application only online at** <https://www.sutazekarate.sk/visitor/index.php>
Registration on the day of the tournament will not be possible.

Deadline for registration: 30th April, 2025.

Program: Time table

Prizes: 1st place – medal, cup and certificate
2nd place and 3rd place - medal and certificate
Cup – Team Cup (for the most successful team)

Categories:	KATA	Age (x)
	Boys, girls - beginners (2 Kata in rotation) (Must perform minimum two different Kata from down listed Shitei kata)	(5)
	Boys, girls (2 Kata in rotation) - Beginners (only till 6. kyu) (must perform minimum two different Kata from down listed Shitei kata)	(6-7)
	Boys, girls - Advanced	(6-7)
	Boys, girls (2 Kata in rotation) - Beginners (only till 6. kyu) (must perform minimum two different Kata from down listed Shitei kata)	(8-9)
	Boys, girls - Advanced	(8-9)
	Boys, girls (2 Kata in rotation) - Beginners (only 6. kyu) (must perform minimum two different kata from down listed Shitei kata)	(10-11)
	Boys, girls - Advanced	(10-11)
	Boys, girls (2 Kata in rotation) - Beginners (only 6. kyu) (must perform minimum two different kata from down listed Shitei kata)	(12-13)
	Boys, girls – Advanced	(12-13)
	Cadets (M/F)	(14-15)
	Seniors (M/F)	(from 16 years)
	maximum technical level for start in the Beginners category:	6. kyu

if a competitor participates in the Kata – Beginners category, it is not possible for them to participate in the Kata Advanced category

Rules for KATA: up to 12 year – Slovak Karate Union addition to SKF rules. Above 12 years of age – WKF rules.

KUMITE

Age, duration

Boys: -22,-26,-30,+30 kg
Girls: -20,-24,-28,+28 kg

(6-7, 60s)
(6-7, 60s)

Kumite - Beginners (only till 6. Kyu)

Younger Boys: -26-30,-34,+34 kg
Younger Girls: -27,-32,-37,+37 kg
Older Boys: -30,-35,-40,+40 kg
Older Girls: -30, -35,-40,+40 kg

(8-9, 60s)
(8-9, 60s)
(10-11, 90s)
(10-11, 90s)

- **maximum** technical level for start in the Beginners category (except the category for 6-7 years old has no technical limitations): **6. kyu**

Kumite Advanced

Younger Boys: -26,-30,-34,+34 kg
Younger Girls: -27,-32,-37,+37 kg
Older Boys: -30,-35,-40,+40 kg
Older Girls: -30, -35,-40,+40 kg

(8-9, 60s)
(8-9, 60s)
(10-11, 90s)
(10-11, 90s)

Beginners can compete in an advance category as well, but they can compete only in one Kata and one Kumite category.

Kumite categories, no technical level limitations:

Youth Boys: -40,-45,-50, -55, +55 kg
Youth Girls: -40,-47,-52, +52 kg
Cadet (F): -47, -54, -61, +61 kg
Cadet (M): -52, -57,-63 -70, +70 kg
Junior (F): -48, -53,-59, -66, +66 kg
Junior (M): -55, -61, -68,-76, +76 kg
Seniors (F): OPEN
Seniors (M): OPEN

(12-13, 90s)
(12-13, 90s)
(14-15, 90 s)
(14-15, 120 s)
(16-17, 90 s)
(16-17, 120 s)
(from 18 years, 120 s)
(from 18 years, 180 s)

System:	Kata and kumite – elimination with repassage. In case of start of less than 5 participants – Round Robin system. Each participant can compete in only one age and weight category. The organizer has the right to merge category in case of low category attendance.
Rules:	WKF rules with complements of the Slovak Karate Union and Central Slovakia Karate Union.
Insurance:	It is recommended that all the participant have their own medical insurance. Organizers of the tournament take no responsibility for this matter. E-mail: cisarik@karate.sk
Rules:	Slovak Karate Union, WKF and valid rules of the Central Slovakia Karate Union. Kumite
Participants:	Competition is open to the participant with the valid Slovak Karate Union membership (foreign participants must be members of the WFK)

Objections: in written form, 100€, will be assessed by the Referee board
Accommodation: individual, www.zilina.sk, www.hotelonline.sk

We are looking forward to your participation!

Dipl. Ing. Jozef Cisarik
Director

RULES OF CHILDREN KATA - **Beginners**

- **maximum** technical level for start in one category: **6. kyu**
- Kata competitors can perform only a Kata from the official list of Shitei Kata, and it is possible to repeat Kata, but not in the immediately following round
- if a competitor participates in the Kata – Beginners category, it is not possible for them to participate in Kata categories for Advanced competitors during the same day of the championship

Category	Kata Beginners - children: 5 years old
LIST of Shitei Kata	
Goju Ryu	
Taikyoku Jodan Ichi	
Taikyoku Chudan Ni	
Shito Ryu	
Juni No Ichi (Kihon Kata Ichi, Taikyoku Shodan)	
Juni No Ni (Kihon Kata Ni, Taikyoku Nidan)	
Shotokan	
Taikyoku Shodan	
Taikyoku Nidan	

KATEGÓRIA	Kata Beginners - children: 6-7 years old
LIST of Shitei Kata	
Goju Ryu	
Taikyoku Jodan Ichi	
Taikyoku Jodan Ni	
Taikyoku Chudan Ichi	
Taikyoku Chudan Ni	
Taikyoku Gedan Ichi	
Taikyoku Gedan Ni	
Shito Ryu	
Juni No Ichi (Kihon Kata Ichi, Taikyoku Shodan)	
Juni No Ni (Kihon Kata Ni, Taikyoku Nidan)	
Juni No San (Kihon Kata San, Taikyoku Sandan)	
Juni No Jon (Kihon Kata Jon, Taikyoku Jondan)	
Juni No Go (Kihon Kata Go, Taikyoku Godan)	
Shotokan	
Taikyoku Shodan	
Taikyoku Nidan	
Taikyoku Sandan	
Taikyoku Jondan	
Taikyoku Godan	

CATEGORY	Kata Beginners - children: 8-9 years old
	Kata Beginners - children: 10-11 years old
<p style="text-align: center;">LIST of Shitei Kata</p> <p><i>Goju Ryu</i></p> <p>Taikyoku Jodan Ichi Taikyoku Jodan Ni Taikyoku Chudan Ichi Taikyoku Chudan Ni Taikyoku Gedan Ichi Taikyoku Gedan Ni Taikyoku Kake Uke Ichi Taikyoku Kake Uke Ni Taikyoku Mavashi Uke Ichi Taikyoku Mavashi Uke Ni Gekisai Dai Ichi (Gekisai Ichi) Gekisai Dai Ni (Gekisai Ni)</p> <p><i>Shito Ryu</i></p> <p>Juni No Ichi (Kihon Kata Ichi, Taikyoku Shodan) Juni No Ni (Kihon Kata Ni, Taikyoku Nidan) Juni No San (Kihon Kata San, Taikyoku Sandan) Juni No Jon (Kihon Kata Jon, Taikyoku Jondan) Juni No Go (Kihon Kata Go, Taikyoku Godan) Pinan Nidan (Heian Nidan) Pinan Shodan (Heian Shodan) Pinan Sandan (Heian Sandan) Pinan Jondan (Heian Jondan) Pinan Godan (Heian Godan) Shinsei Ichi Shinsei Ni Ten No Kata Chi No Kata</p> <p><i>Shotokan</i></p> <p>Taikyoku Shodan Taikyoku Nidan Taikyoku Sandan Taikyoku Jondan Taikyoku Godan Heian Nidan Heian Shodan Heian Sandan Heian Jondan Heian Godan</p>	

RULES of Children KATA Advanced

- **technical degree**, for start in categories of Advanced competitors, **is not limited**
- if a competitor participates in the Kata - Advanced category, it is not possible for them to participate in the category of Kata for Beginners during the same day of the championship

CATEGORY	Kata Advanced - children: 6-7 years old
<p>A competitor can perform only a Kata from the official list of Shitei kata in each round of the tournament. In the final round, i.e. the match for the 1st, competitors can perform a tokui kata of their choice or a kata from the list of Shitei kata.</p> <p>Competitors have to perform a different Kata in each round. Kata presented in any of the previous rounds cannot be performed.</p>	
CATEGORY	Kata Advanced - children: 8-9 years old
<p>A competitor can perform only a Kata from the official list of Shitei kata in each round of the tournament. In the semifinal round, , i.e. the match for the final round that is also a match for an immediate medal (for the 1st or the 3rd place), competitors can perform a tokui kata of their choice or a kata from the list of Shitei kata.</p> <p>Competitors have to perform a different Kata in each round. Kata presented in any of the previous rounds cannot be performed.</p>	
CATEGORY	Kata Advanced - children: 10-11 years old
<p>Competitor can perform a kata of their choice in each round.</p> <p>Competitors have to perform a different Kata in each round. Kata presented in any of the previous rounds cannot be performed .</p>	

LIST of SHITEI Kata for category Advanced - children: 6-7, 8-9 years old	
<p>Goju Ryu Taikyoku Jodan Ichi Taikyoku Jodan Ni Taikyoku Chudan Ichi Taikyoku Chudan Ni Taikyoku Gedan Ichi Taikyoku Gedan Ni Taikyoku Kake Uke Ichi</p>	

Taikyoku Kake Uke Ni
Taikyoku Mavashi Uke Ichi
Taikyoku Mavashi Uke Ni
Gekisai Dai Ichi (Gekisai Ichi)
Gekisai Dai Ni (Gekisai Ni)

Shito Ryu

Juni No Ichi (Kihon Kata Ichi, Taikyoku Shodan)
Juni No Ni (Kihon Kata Ni, Taikyoku Nidan)
Juni No San (Kihon Kata San, Taikyoku Sandan)
Juni No Jon (Kihon Kata Jon, Taikyoku Jondan)
Juni No Go (Kihon Kata Go, Taikyoku Godan)
Pinan Nidan (Heian Nidan)
Pinan Shodan (Heian Shodan)
Pinan Sandan (Heian Sandan)
Pinan Jondan (Heian Jondan)
Pinan Godan (Heian Godan)
Shinsei Ichi
Shinsei Ni
Ten No Kata
Chi No Kata

Shotokan

Taikyoku Shodan
Taikyoku Nidan
Taikyoku Sandan
Taikyoku Jondan
Taikyoku Godan
Heian Nidan
Heian Shodan
Heian Sandan
Heian Jondan
Heian Godan